

back up | #NoLimits | Hotchillee

LONDON TO PARIS

21-23 JULY 2022



INFORMATION PACK



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OVERVIEW

This is your opportunity to support Back Up and achieve something incredible. The London to Paris ride is our most gruelling cycling challenge and we want you to cycle with us!

When: 21-23 July 2022

How far: 300 miles - 100 miles per day

How high: around 5000m in total

How fast: minimum speed of 22km/h

Deposit: £200

Fundraising Target: £2,500 (£1,300 must be raised by 26 May 2022)

Application deadline: 26 November 2021





WHAT IS INCLUDED?

- 3 day event entry
- 3 nights accommodation (twin sharing - upgrades available)
- All meals from Thursday lunch until Saturday lunch inclusive
- Celebration party in Paris
- Full Service Corps technical support
- Medical support
- Rolling road closures and motorbike outriders
- Secure car parking for the duration of the event
- Baggage forwarding
- Bike return from finish line to the UK (if required)
- Access to, and use of digital photos and film
- Timing chip
- Event t-shirt
- Event massages
- Water, tea and coffee
- Musette
- Monthly supported group rides from registration to the event (COVID-19/ British Cycling guidelines dependent)
- Free membership to Hotchillee with access to The LONDON-PARIS by Tour de France group on the Hotchillee App
- Option to upgrade to exclusive Tour de France package - you must purchase this separately directly from Hotchillee

What's not included:

- Accommodation on Wednesday 20 July
- Travel insurance
- Return travel - this can be booked through Hotchillee when registering
- Alcohol
- Tour de France finish on Sunday 24 July
- Dinner on Saturday 23 July

ITINERARY

20-23 JULY 2022

DAY 1 - WED 20 JULY

Sign on takes place at Imber Court Sports Club, Ember Lane, Hampton Court, KT8 0BT. Note that you will need to find your own accommodation on Wednesday evening.

14:00 - 17:00: Sign on

17:00 - 17:30: Rider briefing

DAY 2 - THU 21 JULY

Prepare for a sunrise start as we depart Hampton Court for the coast. You will cross The Channel today so it's full steam ahead as we roll through quintessential English countryside to the sea.

DAY 3 - FRI 22 JULY

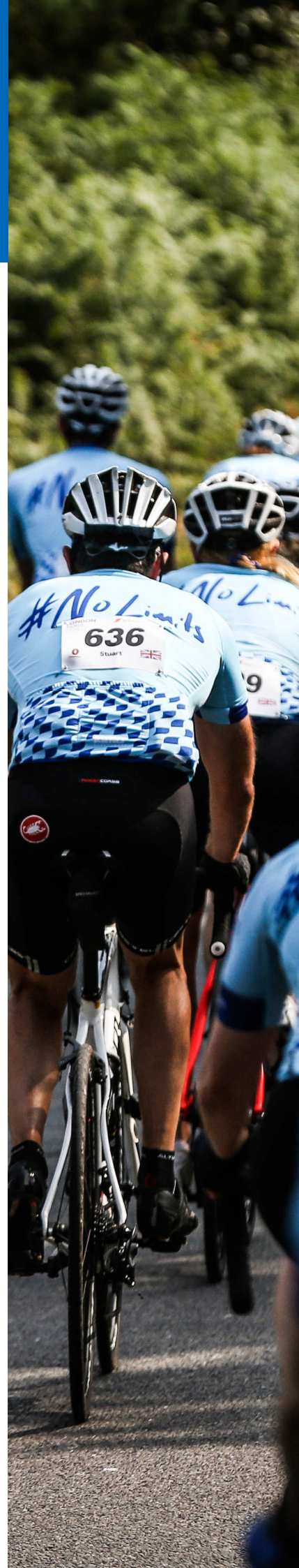
Wake up to a continental hotel breakfast before you hit the road for your first day riding in France.

With no ferries to catch there's less pressure on the timings today, but with a days riding already in your legs it's still a tough day in the saddle.

DAY 4 - SAT 23 JULY

The morning may feel long, but as the excitement builds there's no more iconic finish line than the Champs Élysées and you get to cross it with all your London-Paris comrades.

The Back Up team merges with other routes at lunch just outside of Paris and arrive at the finish together, stay in the same 4* Parisian hotel and join forces for the Finishers Celebration.



TOUR DE FRANCE FINISH

24 JULY 2022

£300

Treat yourself and stay in Paris for the Tour de France finish. Absorb the atmosphere of men's and new women's race with access to track side seating, stay in the heart of the action at the pro teams hotels, plus enjoy an exclusive Tour de France experience which will be announced later this year.

Please note that this is an **optional upgrade package** that you can purchase when you register.

Included:

- Additional night in Paris on Sunday 24 July (twin sharing)
- Access to track side seating for men's and women's pro race
- Tour de France cycling jersey
- Exclusive Tour de France experience to be confirmed



ACCOMMODATION

NIGHTS 1 & 2

3* and 4* hotels have been selected on the first and second nights.

The entry price includes sharing a twin room and we ask at registration if there's someone you want to share with.

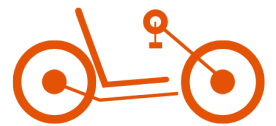
The event is split across multiple hotels with dinner served in your hotel restaurant, or a short walk away. Hotchillee will aim to room all of the Back Up team in the same hotel.

PARIS

Once in Paris all riders stay in the same hotel for the final night and it's 4* all the way!

It's also one of the official Tour de France team hotels so expect to see some cycling royalty over breakfast.

Hotchillee will aim to room all of the Back Up team in the same hotel.



APPLY NOW

The London to Paris #NoLimits Ride is one of our most popular events and we are expecting more interest than we have places.

So, we are asking everyone to apply for the challenge and you will find out if you are successful by 10 December. **The deadline for submitting your application is 26 November.**

To apply, please fill in [this form](#) in as much detail as possible.

APPLY NOW





For more information, give Reece a call on 020 8875 6749 or drop him an email reece@backuptrust.org.uk

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