

Kayak the Great Glen

4 to 9 June 2017



If you have taken part in a Back Up Multi-skills course and was involved in kayaking you will not need to fill out this form.

Please you could you give us the date of the course you took part in .../.../...

The below named person has registered to take part in the Kayak the Great Glen trip to raise funds for Back Up Trust. Prior to confirmation of their place on the trip we have asked them to complete a capsized drill in their local pool. This should involve capsized and exit from a kayak unaided.

Please note: Completion of this form does not impose any liability on you; it is a simple record of what you have observed on this date.

Details of person taking part in trip

Title	Surname	First name

Declaration

I have observed the above named person capsized from a kayak and exit from the boat unaided

At [location] _____

On [date] _____

The kayak was [make] _____

Signed _____

Printed name _____

BCU qualification _____

Return to: fundraising@backuptrust.org.uk or

Back Up, Jessica House, Red Lion Square, 191 Wandsworth High Street, London, SW18 4LS